

FOCUS ON YOU

a guide about your health

4 teens



Version 1.0
**FOCUS
4 TEENS**
MISSISSIPPI

birth control methods

AT-A-GLANCE

Most effective!



IUD

IUD (NON-HORMONAL)

This method can be kept private and works as emergency contraception. **Lasts up to 10 years.**

Most effective!



IUD

IUD (HORMONAL)

This method can be kept private and may help relieve heavy, painful periods. **Lasts up to 3 or 5 years.**

Most effective!



BC IMPLANT

IMPLANT

This method can be kept private and may help relieve heavy, painful period. **Lasts up to 3 years.**



INJECTION

SHOT

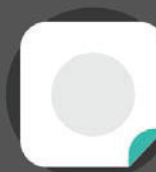
This method can be kept private and improves some of the symptoms of periods, like cramping. **Lasts up to 3 months.**



VAGINAL RING

RING

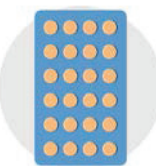
This method allows you to control when you get your period and may make periods shorter and lighter. **Lasts up to 1 month.**



PATCH

PATCH

This method allows you to control when you get your period and may make periods shorter and lighter. **Lasts up to 1 week.**



ORAL CONTRACEPTION

PILL

This method allows you to control when you have your period and may protect against heavy periods, cramping, and acne. **Lasts for 1 day.**



CONDOM

CONDOM

This method protects against STDs if used every time and is easily assessable. **Lasts for 1 sex act.**

TO LEARN MORE VISIT,

bedsider.org/methods

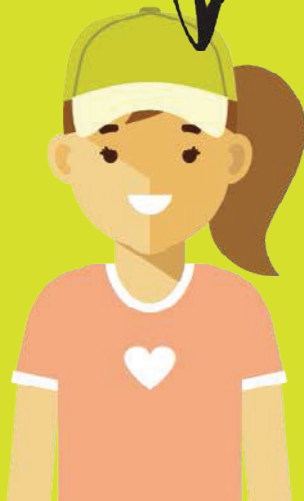
STUFF YOU NEED to know. **For real.** !!!

Visit factnotfiction.com for more info

Many STDs have no symptoms, so the only way to know if you have HIV or other STDs is to get tested for them.

Having unprotected sex of any kind puts you at risk for Sexually Transmitted Diseases (STDs) and HIV. **Did you know that includes oral sex?**

You can prevent HIV and other STDs by choosing not to have sex or by using a barrier method (**like condoms-FREE at all Aaron E. Henry health centers**) every time you have sex. Lots of teens successfully use condoms!



WHAT TO EXPECT AT THE CLINIC



Discussion about your sexual health.

Sexual health can be a sensitive subject, so we want you to feel comfortable talking to our healthcare staff about your needs.

Time alone with the provider.

We encourage you to be open and honest with your parents, but we also understand that sometimes you just need to talk to the doctor or nurse alone.



Access to birth control and condoms.

Mississippi has one of the highest teen pregnancy and STD rates in the United States. We want to make sure you have everything you need to prevent and/or delay pregnancy and infection, according to your future goals.



Confidentiality.

Your health is serious business and we want to make sure we do everything we can to protect your privacy. If you need confidential service BE SURE to mention that to your doctor.



Cost to your parents/guardian.

You CAN receive services that are free/low cost. As a teen, you are most likely covered under your parents' insurance. For that reason, when you receive services at AEH or any other clinic, an "explanation of benefits" may be sent to your home if you use their insurance.

teen health services

AT AARON E. HENRY

 IUD IUD (HORMONAL) Not available yet, but you can be referred to another clinic by AEH staff.	 INJECTION SHOT ✓	 ORAL CONTRACEPTION PILL ✓	 TESTING PREGNANCY TEST ✓
 IUD IUD (NON HORMONAL) Not available yet, but you can be referred to another clinic by AEH staff.	 VAGINAL RING RING Not offered, but you can be referred to another clinic by AEH staff.	 CONDOM CONDOMS ✓	 EMERGENCY PILLS MORNING AFTER PILL Not offered, but AEH can help you find a pharmacy that carries it.
 BC IMPLANT IMPLANT Not available yet, but you can be referred to another clinic by AEH staff.	 PATCH PATCH ✓	 TESTING STD & HIV TESTING ✓	 MEDICATION STD & HIV TREATMENT ✓

frequently asked questions

1. Q: Do I need to bring an ID?

A: No.

2. Q: Can I get these services without a parent or other adult with me if I'm under 18?

A: Yes, except for HIV treatment.

3. Q: Do I need insurance to get any of these services?

A: No.

4. Q: Do I need a physical exam to receive any of these services?

A: No.

5. Q: Do I need an appointment?

A: No, but you will be seen faster if you make an appointment first.

6. Q: Do I need money to get any of these services?

A: No, School-Based Clinics are FREE; Community-Based Clinics have a sliding fee scale of up to \$25, but they will help you if you don't have money.

VISIT THE CLOSEST

AARON E. HENRY CLINIC TO YOU !!!

TUNICA

School-Based Clinic

Rosa Fort High School

1100 Rosa Fort Dr
Tunica, MS
38678

CALL

662-363-3971.

HOURS:

M-F, 7:30 AM-
4:30 PM

TUNICA

Community-Based
Clinic

1820 Peabody Ave
Tunica, MS
38676

CALL

662-363-3656.

HOURS:

M-F, 8:00 AM-
5:00 PM

CLARKSDALE

Community-Based
Clinic

800 Ohio St.
Clarksdale, MS
38614

CALL

662-624-2504.

HOURS:

M-F, 8:00 AM-
5:00 PM
except
Wed. 8 AM-12
PM; 1 PM-7 PM

QUITMAN

School-Based Clinic

Madison S. Palmer
High School
1362 MLK Dr.
Marks, MS
38646

CALL

662-483-1327.

HOURS:

M-F, 7:30 AM-
4:30 PM

COAHOMA COUNTY

School-Based Clinic

OPENING in 2017

Coahoma County
High School
1535 Lee Drive
Clarksdale, MS
38614

THEY ARE ONLINE AT aehchc.org!

TO FIND OTHER CLINICS IN THE AREA, VISIT:
teenhealthms.org/find-healthcare/